

MES Seminoles Agility & Conditioning Workout Session Registration / Permission Slip

Dear Middle Academy Families,

Starting on **Monday, September 9th, 2024**, MES, in conjunction with Excellence Boys Charter School Middle Academy, will host an afterschool program entitled MES Seminoles Agility and Conditioning Workout Session.

Ultimately, the schedule would be **Mondays and Wednesdays from 4:00pm to 5:30pm SHARP, specifically for Middle Academy, on the roof of EBCS.** To ensure safety and a controlled environment, the maximum number of participants per session is 20 Scholars supervised by a Head Coach, an Assistant Coach, Four Captains, and/or an EBCSMA Staff Member. MES will provide all equipment to be utilized during the sessions, and Scholars are required to wear MES Seminoles apparel once distributed.

Please complete the registration / permission slip below and return it by **Friday, September 6th, 2024**, for your scholar to participate in this special event! Any questions contact the main office at (347)390-0440.

Scholar's Name

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Parent Name

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Parent Phone Number

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We/I, the undersigned, being the parent(s)/legal guardian(s) of the above-named child, understand that he will be participating in the MES Seminoles Agility and Conditioning Workout Session starting on **Monday, September 9th, 2024**, within the Excellence Boys Charter School of Bedford Stuyvesant under the guidance of a Head Coach, four Captains, and personnel of the school. **We/I** give said child permission to participate in all such activities. **We/I** assume full responsibility for the attendance of said child and **we/I** hereby agree not to hold MES, Excellence Boys Charter School of Bedford Stuyvesant or any of their personnel responsible for any and all liabilities arising from any accident as a result of travel to and from and participation in such activities.

We/I, the undersigned, being the parent(s)/legal guardian(s) of the above-named child, a child of _____ years of age, do hereby authorize nurses, physicians, surgeons, or dentists chosen by personnel of MES and/or Excellence Boys Charter School of Bedford Stuyvesant to furnish whatever medical or surgical care or management they may reasonably deem necessary for the wellbeing of said child while the child is attending this MES Seminoles Workout Session.

Parent(s) Signature: _____

Parent(s) Print Name: _____

Date: _____

Email: _____

